







Menu Meets
USDA Dietary
Guidelines

Keene High School May 2012

Choice of Lean Meat and Cheese Sandwiches,
Grab & Go Salads or Yogurt are also available as an entree

On-Line Payments!
Have You Registered on
www.paypams.com Yet?



<p>Mother's Day May 13th</p> 	<p>1</p> <p>Stuffed Crust Pizza Salad Bar Steamed Broccoli Fruit or 100% Juice Milk Variety</p>  <p>Opened Empire State in 1931 Building</p>	<p>2</p> <p>Baked Chicken Tenders Veggie of the Day Seasoned Pasta Salad Bar Fruit or 100% Fruit Juice Milk Variety</p>	<p>3</p> <p>Hot Dog on a Bun Salad Bar Baked Beans Oven Baked Skinny Fries Fruit or 100% Fruit Juice Milk Variety</p>	<p>4 Cinco de Mayo May 5th</p> <p>Beef Soft Tacos Lettuce, Tomato, Cheese Rice, Salsa, Sour Cream Salad Bar Whole Kernel Corn Homemade Cake Fruit or 100% Juice Milk Variety</p> 
<p>7</p> <p>Homestyle Chicken Filet on a Whole Wheat Bun Salad Bar Garden Peas Fruit or 100% Juice Milk Variety</p> <p>Teacher Appreciation Week</p>	<p>8</p> <p>Slice of Cheese Pizza Seasoned Pasta Salad Bar Fruit or 100% Fruit Juice Milk Variety</p>	<p>9</p> <p>Chicken & Cheese Quesadilla Fluffy Rice, Salad Bar Salsa, Sour Cream Whole Kernel Corn Fruit or 100% Fruit Juice Milk Variety</p>	<p>10</p> <p>Spaghetti with Meatballs or Mozzarella Cheese Salad Bar Fruit or 100% Fruit Juice Milk Variety</p> <p>Birthdays Today U2's Bono & Buddha</p>	<p>11</p> <p>Egg, Ham & Cheese on a English Muffin Veggie of the Day Salad Bar Frozen Treat Fruit or 100% Fruit Juice Milk Variety</p>
<p>14</p> <p>Crispy Chicken Breast Filet Mashed Potatoes w/ Gravy Salad Bar Whole Wheat Bread Stick Fruit or 100% Fruit Juice Milk Variety</p>	<p>15</p> <p>Pizza Pie Salad Bar Pasta Salad Fruit or 100% Fruit Juice Milk Variety</p> 	<p>16 1st Academy Awards Ceremony Held in 1929</p> <p>Chicken Fajitas Lettuce, Tomato, Cheese Rice, Salsa, Salad Bar Whole Kernel Corn Fruit or 100% Juice Milk Variety</p> 	<p>17</p> <p>Cheese or Veggie Burger on a Whole Wheat Bun Salad Bar Oven Baked Potatoes Fruit or 100% Fruit Juice Milk Variety</p>	<p>18 Mount Saint Helens Erupted in 1980</p> <p>Waffle Sticks with Syrup Breakfast Sausage or Cottage Cheese Salad Bar Glazed Carrots Fruit or 100% Juice Milk Variety</p> 
<p>21 American Red Cross Founded in 1881</p> <p>Pasta w/ Marinara Sauce and Baked Cheese Sticks Salad Bar Steamed Broccoli Fruit or 100% Juice Milk Variety</p> 	<p>22</p> <p>Cheese Pizza Salad Bar Mixed Vegetables Fruit or 100% Fruit Juice Milk Variety</p>	<p>23</p> <p>Taco Salad Lettuce, Tomato, Cheese Salsa, Sour Cream Whole Kernel Corn Salad Bar Oatmeal Cookie Fruit or 100% Juice Milk Variety</p>	<p>24 Brooklyn Bridge Opened in 1883</p> <p>Baked Chicken Tenders Salad Bar Rice Pilaf Fruit or 100% Fruit Juice Milk Variety</p> 	<p>25</p> <p>Toasted Cheese Sandwich Tomato Soup Veggie of the Day Salad Bar Fruit or 100% Fruit Juice Milk Variety</p>
<p>28</p>  <p>Memorial Day</p>	<p>29</p> <p>Stuffed Crust Pizza Salad Bar Pasta Salad Fruit or 100% Fruit Juice Milk Variety</p>	<p>30</p> <p>French Toast Sticks w/ Syrup Breakfast Sausage or Cottage Cheese Salad Bar Glazed Carrots Fruit or 100% Fruit Juice Milk Variety</p>	<p>31</p> <p>Spaghetti w/ Meat Sauce or Mozzarella Cheese Salad Bar Green Beans Fruit or 100% Juice Milk Variety</p>	<p>National Salad Month</p> 